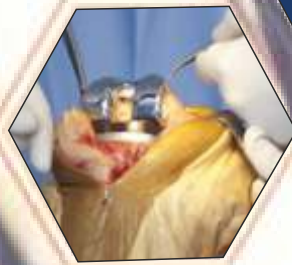


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MMC POINTS
GRANTED



SKICON

1st Virtual Annual Meeting of Society of Knee Surgeons of India (SKI) CONTROVERSIES IN KNEE SURGERY

Arthroplasty, Arthroscopy, Osteotomies, Joint Preservation, Biologics & Trauma

Date: 5th & 6th December, 2020 & 12th & 13th December, 2020

Time: 6:00 pm - 9:45 pm (IST)

Ashok Rajgopal
President

Dinshaw Pardiwala & Ashok Shyam
Research Chairs

Sachin Tapasvi
Secretary

Parag Sancheti
Joint Secretary

Raju Easwaran
Treasurer



SOCIETY OF KNEE SURGEONS INDIA

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INTERNATIONAL FACULTY



Amar Ranawat
USA



Andy Williams
UK



Anil Ranawat
USA



David Barrett
UK



David Parker
Australia



Michael Kelly
USA



Peter Verdonk
Belgium



Rhidian Morgan Jones
UK



Ronald Van
Heerwaarden
Abu Dhabi



Savyasachi Thakkar
USA



Sebastien Lustig
France



Shital Parikh
USA



Thorsten Gherke
Germany



Volker Musahl
USA

NATIONAL FACULTY

- Aashish Sharma
- Adarsh Annapareddy
- Alankar Ramteke
- Ashok Rajgopal
- Ashok Shyam
- Bhushan Sabnis
- Clement Joseph
- Deepak Goyal
- Dinshaw Pardiwala
- Jacob Varghese
- Kanchan Bhattacharya
- Mandeep Dhillon
- Mohit Bhandari
- Mukesh Laddha
- Pankaj Walecha
- Parag Sancheti
- Raja Bhaskar
- Raju Easwaran
- Sachin Tapasvi
- Sharan Patil
- Vijay Bose
- Vijay Shetty
- Vikas Khanduja
- Vikash Kapoor

SCIENTIFIC PROGRAM



Day 1 - 5th December 2020 - Arthroplasty (6:00 pm - 9:15pm IST)

6.00 pm	Introduction & Welcome	Ashok Rajgopal
6.05 pm	Key Note Lecture : Uncemented Knees - Will it be the future?	Savyasachi Thakkar
6.25 pm	Plenary Talk : Is PCL important in TKR - Evolution of PS and CR	Michael Kelly
6.55 pm	Key Note Lecture : Kinematic vs Mechanical Alignment : Which way to go ?	Savyasachi Thakkar
7.10 pm	Plenary Talk : 10 steps to reduce risk of infection in TKR	Thorsten Gherke
7.30 pm	Key Note Lecture : Basic Principles of Revision TKR & How do I choose Constrain ?	Sharan Patil
7.45 pm	Cased Based Panel Discussion Refining Surgical Technique (3 min video or talk) Mod: David B, Co-Mod: Parag S Panellists: Amar R, David B, Thorsten G, Vijay B, Ashish S, Ashok R, RMJ, Vikash K, Alankar R <ul style="list-style-type: none">• How to perfectly Balance Knee• How to ensure proper alignment• TKR in Lax Knees• How to avoid mid flexion instability• How to ensure early discharge	Ashok Rajgopal Vijay Bose Vikash Kapoor Rhidian Morgan Jones Amar Ranawat
8.50 pm	Back to Basics' - 3 landmark Papers which changed my practice	Adarsh Annapareddy
9.00 pm	Back to Basics' - 3 landmark Papers which changed my practice	Raja Bhaskar
9.10 pm	Best Arthroplasty Award Paper Presentation: A long-term cross-sectional study with Modified Forgotten Joint Score to assess the perception of artificial joint after total knee arthroplasty.	Karthik Chithartha

Day 2: 6th December 2020 - Arthroscopy (6:00 pm - 9:30 pm IST)

6.00 pm	Introduction & Welcome	Sachin Tapasvi
6.05 pm	Key Note Lecture : Why do ACL still fail?	Volker Musahl
6.22 pm	Plenary Talk : Primary ACL reconstruction (which graft and when) - how to individualise ACLR	Andy Williams
6.52 pm	Plenary Talk : Treatment of Challenging Meniscus Lesions in Athletes	Peter Verdonk
7.07 pm	Key Note Lecture : PF instability in children: Is it different?	Shital Parikh
7.22 pm	Cased Based Panel Discussion PF instability in adults (each talk will be 3 min) Mod: Sachin Tapasvi, Panellist: Anil R, Kanchan B, Shital P, Clement J, Mukesh L, Deepak G	

7.22 pm	<ul style="list-style-type: none"> When should you operate a first time dislocator? Which is the ideal graft for an isolated adult MPFL reconstruction How do I make the ideal femoral and patellar tunnel? Is there any role to do a MPTL reconstruction? When should I add a lateral retinacular release? When should I do a TTO? When should I do a Trochleoplasty? 	Deepak G Anil R Anil R Sachin Tapasvi Shital Parikh Mukesh Laddha Clement Joseph
8.25 pm	PCL Avulsion fixation	Raju Easwaran
8.40 pm	ACL Avulsion fixation	Bhushan Sabnis
8.55 pm	Back to Basics' - 3 landmark Papers which changed my practice	Pankaj Walecha
9.05 pm	Back to Basics' - 3 landmark Papers which changed my practice	Mukesh Laddha
9.15 pm	Best Arthroscopy Award Paper Presentation - Patellar instability, a comparative evaluation of clinical and functional outcome in MPFL reconstruction and soft tissue reefing or soft tissue balancing	Pankaj Kumar Sharma
9.25 pm	Presentation: Low & High Knee Flexion Angles during Tibial Graft Fixation Yield Comparable Outcomes following ACL Reconstruction with Quadriceps Tendon Autograft: A Systematic Review	Hassaan Abdel Khalik

Day 3: 12th December 2020 - Joint Preservation in Osteoarthritis/ Ortho Biologics (6:00 pm - 9:45 pm IST)

6.00 pm	Introduction & Welcome	Dinshaw Pardiwala
6.05 pm	Plenary Talk : UNI vs HTO: how do I choose who gets what ?	Sebastian Lustig
6.30 pm	Cased Based Panel Discussion Orthobiologics (each talk will be max. 4 min) Mod: Mandeep D & Vijay S, Mohit B, Vijay B Panellist: William Murrell, Ashish S, Vikash Kapoor, Adarsh R <ul style="list-style-type: none"> PRP in knee OA Autologous conditioned serums: concept and outcomes Role of steroid injections in early OA of the knee DMOADS in treating knee conditions Role of hyaluronic acid in knee OA 	Mandeep Dhillon William Murrell Vikash Kapoor Adarsh Annappareddy Ashish Sharma
7:25 pm	The Fall and Rise of a knee OA treatment in 6 Papers	Mohit Bhandari
7:50 pm	Plenary Talk : Slope modifying osteotomies in ligament deficiencies	Ronald Van Heerwarden

SCIENTIFIC PROGRAM



8:15 pm Cased Based Panel Discussion

Cartilage Lesions/ Chondral Defects - Current Trends

Mod: Dinshaw Pardiwala, **Panellist:** Anil R, Peter V, Raja B, Kanchan B, Sachin T, Deepak G

- Abrasion Chondroplasty
- Microfractures
- Role of BMAC
- Of the Shelf - Cartilage Gels
- Mosaicplasty/ OATS
- ACI/ MACI

9.15 pm **Best Joint Preservation Award Paper Presentation:** Functional Outcome of High Tibial Osteotomy in Patients with Medial Compartment Osteoarthritis Using Dynamic Axial Fixator

Amit Kumar Yadav

9.30 pm **Close**

Day 4: 13th December 2020 (6:00 pm - 9:30 pm IST)

6:00 pm **Introduction & Welcome**

Raju Easwaran

6.05 pm **SKI Oration :** Art of Knee Preservation - Lessons Learnt from My Journey

David Parker

6.35 pm **Plenary Talk :** Why SKI - Need & Objectives

Vikas Khanduja

6.55 pm Knee Society Presidents Round Table Discussion

'Opportunities and Take Home Values of a Knee Society: Pearls of Wisdom and Lessons Learnt from Presidents'

Moderators: Mohit B, Vikas K

- Joao Espregueira Mendes (ESSKA)
- Fabio Catani (EKS)
- Willem Van Der Merwe (ISAKOS)
- Manuel Mosquera (SLARD)
- Michael Kelly (AKS)
- Andrew Price (BASK)
- Ashok Rajgopal (SKI)

8.30 pm **Presidential Oration :** My Experience of Total Knee Replacement of 30 years: Lessons Learnt

Ashok Rajgopal

9.10 pm 'Book launch ' The Illustrative Book of Cartilage Repair'

Deepak Goyal

9.20 pm **Award Ceremony & Valedictory**

9.30 pm **Close**

SKI FOUNDER MEMBERS



Ashok Rajgopal
President



Sachin Tapasvi
Secretary



Parag Sancheti
Joint Secretary



Raju Easwaran
Treasurer



Dinshaw Pardiwala
Research Chair



Ashok Shyam
Research Chair



Aashish Sharma



**Adarsh
Annapareddy**



Alankar Ramteke



Bhushan Sabnis



Clement Joseph



Deepak Goyal



IPS Oberoi



Jacob Varghese



**Kanchan
Bhattacharya**



Mandeep Dhillon



Mohit Bhandari



Mukesh Laddha



Pankaj Walecha



Pushpinder Bajaj



Raja Bhaskar



Sharan Patil



Vijay Bose



Vijay Shetty



Vikas Khanduja



Vikash Kapoor

ABOUT SKI



Society of Knee Surgeons India (SKI) is a group formed for surgeons around the globe who care for knee joint in health & disease. This society aims to promote education & research about Knee joint and its disorders and to create professionals with competency in understanding and treating Knee diseases with final goal of providing better care to patients with Knee Disorders. This society also aims to achieve collaborative research projects, focussed education programs and developing international networks. The main areas of interest are Knee Arthroplasty, Knee Arthroscopy, Knee Preservation (Osteotomies & Orthobiologics) and Knee Trauma.

• HOW TO BECOME A LIFE MEMBER

Eligibility Criteria for SKI Membership -

- a.] Dedicated exposure in knee surgery for a period of 5 years.
- b.] Doing Total Knee Replacement surgery, ACL reconstruction surgery & Osteotomies around the Knee.

Visit our website www.ski.org.in

Registration for SKICON 2020 is complimentary with Life Membership of the SKI Society
Life Membership Fee : INR 4999/- (If eligibility criteria fulfilled)

• REGISTER FOR SKICON 2020 (Those who do not fulfil life membership criteria)

Category	Registration Fee
Orthopedic Surgeon	INR 1,999/-
PG Student	INR 999/-

Register online at : www.ski.org.in

Conference Secretariat



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